



3D ultrasound imaging

## **PREPARING FOR YOUR OB ULTRASOUND**

### **1<sup>ST</sup> Trimester OB exams (less than 13 weeks along):**

You will need an empty bladder. This exam may be done two ways, transabdominal (a transducer is placed on the abdomen) or transvaginal (a long, thin transducer is inserted vaginally).

### **2<sup>nd</sup> and 3<sup>rd</sup> Trimester OB exams:**

You will need a moderately full bladder. Drink at least 16 ounces of water at least 30 minutes prior to your appointment time. **DO NOT EMPTY YOUR BLADDER.** This exam will be transabdominal only.

## **Who We Are**

Lake District Hospital is honored to partner with your health care provider in providing your prenatal care.

Our diagnostic imaging department uses a GE Logic E9 ultrasound machine to provide you with superior images.

Our radiologists are from Central Oregon Radiology Associates in Bend, OR. They oversee interpretation of all medical imaging.

### **Contact Us**

Phone: (541) 947-2114 ext. 233

Fax: (541) 947-5575

Web: [www.lakehealthdistrict.org](http://www.lakehealthdistrict.org)

*"To care for our community with respect and compassion through excellence and teamwork"*



# **LAKE DISTRICT HOSPITAL**

*OBSTETRICAL  
ULTRASOUND*

*PATIENT INFORMATION*



**LAKE DISTRICT HOSPITAL**  
700 South J Street  
Lakeview, OR 97630

## FAQ'S

### **A. What can I expect from my obstetrical (OB) ultrasound?**

Our first concern is the health and well-being of both mother and baby. Ultrasound is a non-invasive prenatal test used to ensure your baby is developing properly. Your exam will be divided into 2 parts.

**Part 1** – During this portion of your exam, only the expectant mother, and one other person, will be allowed in the room. The technologist uses this time to thoroughly evaluate your baby and to acquire standard images which are then reviewed by our radiologist.

**Part 2** – During this part of the exam, additional family members are welcome in the room. After reviewing all the images obtained, a brief real time scan will be performed.

### **B. How long will the exam take?**

A 2<sup>nd</sup> – 3<sup>rd</sup> trimester OB ultrasound involves acquiring over 60 – 70 different areas of anatomy to be examined. So, each examination may take up to one hour, sometimes longer.

### **C. Will I find out the gender?**

Gender is not part of the diagnostic evaluation. Upon personal request, and depending on your baby's position/stage of development, the sonographer may not be able to determine the gender with any degree of certainty. Please realize this is not the intent of the exam.

### **D. Will I get a CD/DVD?**

A CD with all of the images/pictures acquired from your exam, will be given to you prior to you leaving.

### **E. When will I receive my results?**

All ultrasound scans are interpreted by a radiologist. Routine reports will be available to the ordering provider within 24 hours.

### **F. Is it alright to bring my other children to my appointment?**

In order to provide a safe environment for your children, and proper exam for you, another adult must accompany any minor children while you are having your ultrasound.



*(Our ultrasound room)*

### **\*\*IMPORTANT REMINDERS\*\***

1. Please arrive 15 minutes before your scheduled appointment time.
2. **Late arrivals might be rescheduled.** Since we do a thorough examination of your baby, we may not be able to fit you in.
3. Please be aware we may experience delays or your appointment may be required to be rescheduled. We will keep you informed if any delays arise.
4. Please remember to shut off all cell phones prior to the sonographer bringing you in for your ultrasound.

This institution is an equal opportunity employer & provider.