



LAKE DISTRICT HOSPITAL DIAGNOSTIC IMAGING

700 S. J Street • Lakeview, OR 97630
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LUMBAR MYELOGRAM PATIENT INSTRUCTIONS

PATIENT NAME: _____

REFERRING/ORDERING PROVIDER: _____

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Your healthcare provider has requested you have a myelogram. A lumbar myelogram is a procedure that involves the injection of a contrast material into your lumbar spine. Contrast materials are used to light up an area of the body for the purpose of imaging. Imaging scans can then be used to produce a higher resolution image of the area. Furthermore, any obstruction, damage or abnormal growth will be detected because that area will not light up as the contrast material will not enter such areas.

Please check in at the acute care nurses station 45 minutes prior to your appointment time. A nurse will take your vital signs and start an IV.

WHAT TO EXPECT:

This procedure will be done by a radiologist and the radiology technologists.

The first part of the procedure will be done under fluoroscopy (the method which provides real-time x ray imaging which is especially useful for guiding a variety of diagnostic and interventional procedures).

During a lumbar myelogram, you will lie down and the area will be numbed using some numbing agent prior to contrast material being injected into your lumbar spine. The contrast material will then be injected in the proper location based on the radiologist discretion.

The second part will be done in the CT room. After you enter the room, you will be positioned on a special table by the technologist. The technologist will explain the procedure, control the scanner, and monitor the progress of your exam.

The procedure will between 40 and 60 minutes. It is important to remember every patient is different and procedures will take longer and involve more than others.

The radiologist will dictate a report which will be sent to your healthcare provider.

DO NOT take any blood thinners (Advil, Motrin, aspirin or ibuprofen 7 to 10 days prior to your procedure.

If you have any questions, or are unable to make your appointment, please call the radiology department at 541-947-2114 ext. 233.

EXAM DATE

CHECK-IN TIME

APPOINTMENT TIME