



LAKE DISTRICT HOSPITAL

**RADIOLOGY**

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Lakeview, OR 97630

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**DISCHARGE INSTRUCTIONS for:**  
***BARIUM SWALLOW, BARIUM ENEMA, SMALL BOWEL,***  
***and/or UPPER GI***

Following your exam, you may:

- 1) Resume your normal diet, unless instructed otherwise by your healthcare provider.
- 2) Drink more fluids than you normally do, especially water, since the barium may cause constipation and white stools. The white stools are normal; however, if you do become constipated, check with your healthcare provider about using a mild laxative. Drinking the extra fluids is **EXTREMELY** important.

The radiologist will study the images from your exam and will send your healthcare provider the results.

Please call your healthcare provider if you have any further questions or concerns.

Thank you,

*Lake District Hospital Radiology*