

CT SCAN ABDOMEN/PELVIS PREP

(PATIENT NAME)

(DATE and TIME of YOUR APPOINTMENT)

Your healthcare provider has requested you have a CT scan with oral contrast. Please check in at the Lake District Hospital outpatient admitting office 15 minutes prior to your appointment time. You will then be directed to the radiology department.

INSTRUCTIONS:

Please read and follow these instructions **carefully**. Not following these instructions may cause your appointment to be canceled and rescheduled for another day; and/or having to drink more oral contrast.

1. Pick up the oral contrast from the radiology department at Lake District Hospital.
2. DO NOT eat or drink anything after midnight prior to your exam, except for the following:
 - a. Medications already prescribed by your doctor may be taken with a small amount of water.
 - b. MIX THE ORAL CONTRAST WITH 1 quart OF WATER OR JUICE.
 - c. Drink/sip the first half, slowly, over a course of 30 minutes.
Begin drinking at _____.
 - d. Drink/sip the second half, slowly, over a course of 1 hour prior to your exam.
Begin drinking at _____.
 - e. Check in at the hospital by _____.
3. If you are 60 years of age or older, you will need to go the laboratory to have your blood drawn within 3 weeks of your scheduled procedure. It may be drawn on the same day as your exam; however, you will need to check in earlier for the blood to be drawn and processed for results.
4. If you have any questions, or are unable to make your appointment, please call the radiology department at 541-947-2114 ext. 233.

WHAT TO EXPECT:

After you enter the scan room, you will be positioned on a special table by the technologist. The technologist will explain the procedure, control the scanner, and monitor the progress of your exam.

Depending on the exam ordered, it might be necessary to give you an injection of contrast medium, into your vein, to highlight the vascular structures of the abdomen and pelvis.

The scan itself will take between 10 and 20 minutes. It is important to remember every patient and exam are different, so some scans may take longer and involve more than other scans.

A radiologist will interpret the scan and a report will be sent to your healthcare provider.