

PATIENT NAME:

REFERRING/ORDERING PROVIDER: _____

PATIENT HISTORY/REASON FOR STUDY:

INSTRUCTIONS:

- 1. Bathe the morning of your exam.
- 2. Drink at least 3-4 larger glasses of water/juice/tea, etc., 1 ½ hours before your scheduled exam.
- 3. Do not use the restroom once you start drinking 1 ½ hours before your scheduled exam.
- 4. The exam take approximately 45 minutes to complete.
 - It is extremely important you bladder is full in order to visualize the structures in your pelvis (ovaries and uterus).
 - If you arrive without a full bladder, your appointment may have to be rescheduled

ABOUT THE EXAM:

When you arrive, a technologist will use an ultrasound machine to obtain pictures of the structure of you pelvis.

Pelvic ultrasounds are usually a two part exam. You will be scanned one or both of the following ways:

- 1. With a scanner placed over your bladder.
- 2. With a scanner which is placed within the vagina.

If you have any questions or are unable to make your appointment, please call 541-947-2114 ext. 233.