

## IV PYELOGRAM (KIDNEYS, URINARY TRACT) PATIENT INSTRUCTIONS

PATIENT NAME:

REFERRING/ORDERING PROVIDER: \_\_\_\_\_

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### **INSTRUCTIONS:**

### On the day <u>BEFORE</u> your examination, please do the following:

- 1. Obtain 4 Dulcolax tablets from the local drug store.
- 2. All day before your examination, remain on a clear liquid diet (coffee, tea, fruit juice and clear soup no milk products).
- 3. At 4:00 pm, the evening before the examination, take the 4 Dulcolax tablets. **Swallow the tablets whole**, <u>DO NOT</u> crush or chew the tablets.

#### On the day of the examination, please do the following:

- 1. Bathe before your appointment.
- 2. Do not eat or drink anything the morning/day prior to your examination.
- 3. Report to outpatient admitting 15 minutes prior to your appointment time. This study will take approximately 1 hour to complete.

# If you are allergic to iodine, please notify your healthcare provider and/or the radiology technologist at the hospital prior to your examination.

If you have any questions or are unable to make your appointment, please call 541-947-2114 ext. 233.